



The **Osiris** Group

FACT SHEET

World View & The Impact of The Acculturation Process

The Osiris Group core paradigm rests upon our Clinicians and Mentors understanding how an individual's current worldview affects our client/s current behavior and thought processes.

Acculturation: Cultural modification of an individual, group or people by adapting to or borrowing traits from another culture: also: a merging of cultures as a result of prolonged contact. 2: the process by which a human being acquires the culture of a particular society from infancy.

Culture: 5a: the integrated patterns of human knowledge, belief and behavior that depend upon man's capacity for learning and transmitting knowledge to succeeding generations. b: the customary beliefs, social forms, and material traits of a racial, religious, or social group. c: the set of shared attitudes, values, goals and practices that characterizes a company, corporation or race (race added by me) of people.

Cultivate: to prepare or *prepare and use* for the raising of crops: also: to loosen or break up the soil about (growing plants). a: to foster the growth of (~ vegetables) b: culture. 2.a: to improve by labor, care or study: refine (~ the mind)



***World View:** One's psychological, cultural and political orientation to life which both determines and influences how a person or people thinks, behaves, makes decisions and understands phenomena.

Culture Shock: a sense of confusion and uncertainty sometimes with feelings of anxiety that may affect a people exposed to an alien culture or environment without adequate preparation.

Redeem: 2 : to free from what distresses or harms: b: to extricate from or help to overcome something detrimental c: to release from blame or debt: clear d: to free the consequences of sin 3. to change for the better 4: repair, restore etc.

Breaking The Cycle of Oppression: Frantz Fanon stated the person must: a. engage in active reflection (think about who, what, why, where and how you are) b. confront the present c. transcend (overcome obstacles\difficulties) to create a new reality.

Note: *Psychologist\philosopher\revolutionary and author **Frantz Fanon** was one of the 20th century's pre-eminent thinkers on the issue of decolonization and the psychopathology of colonization.*